Matthias Roth

Biography of Matthias:

“Through my teacher Aileen Passloff, I learned about Jin Shin Jyutsu from the outset as a path to greater awareness. She simply incorporated exercises from Mary Burmeister's self-help book I into the warm-up phases of our rehearsal work. I soon discovered the physical and practical effects of the art, but even then I suspected that the root of its effectiveness was simplicity itself.”
(Matthias Roth)

- First five-day course with Mary Burmeister at the age of 22, after two years of daily Jin Shin Jyutsu self-help
- Moved to Paris in the same year
- First flow experiences as a practitioner
- Birth of two daughters
- Translation of Mary Burmeister's books into French and German
- First self-help courses
- Years of organizing and interpreting Jin Shin Jyutsu courses
- Teaching experience in various countries and languages
- from 1995 five-day course teacher at JSJ, Inc.
- after stations in Hamburg and Chicago permanently in Hamburg since 2003
- since September 2014 working in his Hamburg studio “Wege, Lauf und Bahn”
- no longer on the teaching staff of JSJ, Inc. since 2016
- since October of the same year, online courses in addition to a variety of face-to-face courses
- since 2017 publication of own workbooks

Jin Shin Jyutsu

03.10.2025 - 05.10.2025

Hall i.T., https/kreuzschwestern.tirol

Course location	Gästehaus/Seminarhaus der Kreuzschwestern Hall i.T. Bruckergasse 24 6060 Hall i.T., https/kreuzschwestern.tirol
Course times	Freitag, 03. Oktober 2025 - Sonntag, 05. Oktober 2025 Friday/Saturday 9.00 a.m.-6.00 p.m., Sunday 9.00 a.m.-4.00 p.m.
Requirement	Attendance of minimum one 5-day class.
Course leader	Matthias Roth
Course fee	€ 530