

Martina Six

Martina Six is an internationally certified 5-day instructor of JSJ Spirit-Mind-Body, the successor organization to the Mary Burmeister Institute (JSJ Inc.)



Martina worked for thirteen years as a nurse on an oncology ward. In 1999, Jin Shin Jyutsu entered her life at the same time as a demanding physical project. Her own profound experience of the effective power of “LEARNING TO KNOW MYSELF (and help myself)” transformed her life from the ground up.

For 15 years, Martina organized study groups, self-help courses, and ran a thriving practice. She also taught Jin Shin Jyutsu to patients and their families in workshops at the hospital.

She lives with her husband Uwe in the Allgäu region. The two raised six children in a blended family and have two grandchildren.

Martina’s infectious personality, valuable practical examples, and joy in PhysioPhilosophy are what make her lively courses stand out!

Translated with DeepL.com (free version)



Jin Shin Jyutsu

12.06.2026 - 14.06.2026

Contents

Course location ST. Ruprecht d. d. Raab
Gemeindezentrum Unterfladnitz
8181



Course times Freitag, 12. Juni 2026 - Sonntag, 14. Juni 2026
Total class hours: 17

Course leader Martina Six

Course fee Not specified yet