

Martina Six

I have been an authorized teacher of Mary Burmeister's Jin Shin Jyutsu Institute since April 2021. After experiencing for myself what this art of living can achieve, I began to pass on my knowledge in 2003 in self-help courses in Bayreuth and other cities, and at the same time I organized 5-day courses and themed courses in my hometown until 2017. During this time, I passed on my knowledge in clinics, the oncological advice center, at various self-help groups, the VHS and Protestant adult education center, family education center and at management conferences.



I am a nurse by profession. After my training, I worked for nine years in the Bayreuth Women's Clinic with a focus on oncology, and after a six-year stint in a Bavarian bank, I set up my own business as a Jin Shin Jyutsu practitioner. My husband Uwe Six, a Protestant pastor, and I moved to Scheidegg in the beautiful Allgäu region in 2016. We each have three children and now have a granddaughter.



Jin Shin Jyutsu

14.01.2026 - 18.01.2026

Althofen

Course location	Prechtlhof Althofen Schobitzstrasse 1 9330 Althofen
Course times	Mittwoch, 14. Januar 2026 - Sonntag, 18. Januar 2026 Total class hours: First part 21 / Second part 14
Requirement	Taking Self Help Classes is recommended.
Course leader	Martina Six
Course fee	Not specified yet

