

Petra Elmendorff

“For me personally, the essence of this physio philosophy is that it recognizes the essential connection between thought patterns and beliefs and physical reality and works from there. This art offers a way to maintain or restore health of body, mind and soul.”



Petra Elmendorff is a long-time student of Mary Burmeister and Haruki Kato. She has been an authorized instructor of Jin Shin Jyutsu Spirit Mind Body since 2002.

After graduating with a degree in sociology and a qualification as a non-medical practitioner, she trained in astrology, hypnosis and systemic family constellations according to Bert Hellinger. Since 2014 foundation and management of the AstroMatrix seminars. Petra Elmendorff combines the various aspects of astrology, many years of meditation practice and the art of Jin Shin Jyutsu into a deep and lively knowledge and teaches in her seminars how consciousness can take shape in our lives.



Jin Shin Jyutsu

Salzburg-Maxglan

02.09.2026 - 06.09.2026

Contents

Course location	Salzburg - PFARRZENTRUM MAXGLAN Maximiliangasse 2 5020 Salzburg-Maxglan
Course times	Mittwoch, 02. September 2026 - Sonntag, 06. September 2026 9:00 – approx. 18:00 Check in: first morning from 8:00 Total class hours: First part 21 / Second part 14
Requirement	Taking Self Help Classes is recommended.
Course leader	Petra Elmendorff
Course fee	Not specified yet
Registration	Online registration available Christine Scharfetter, Sparkasse Bank BIC: SBGSAT2SXXX IBAN: AT25 2011 1501 7683 9005