

## Chus Arias

My name is Chus Arias and I was born in Madrid, Spain.

I qualified as a Medical Practitioner, Acupuncturist and Kinesiologist. I have also studied Anthroposophical Medicine and other modalities in the healing field. I HAVE SPENT MORE THAN 30 YEARS TRAINING AND EVOLVING TO PRACTICE MEDICINE IN A WAY CONSISTENT WITH AN INTEGRATED VISION OF THE HUMAN BEING.

Always looking for a different understanding of the healing process

I have studied the relationship between self-knowledge and healing. Finding Jin Shin Jyutsu® in 1996 was the answer to that search.

Since then I have integrated Jin Shin Jyutsu into my medical practice in Madrid and I have taught self-help.

In 2013 I became an authorized instructor and I joined the Jin Shin Jyutsu Faculty teaching all over the world, sharing the wisdom of this beautiful Art.

I live and work in Madrid.



Jin Shin Jyutsu

## Three Methods Correction

20.03.2026 - 22.03.2026

Hall i.T., <https://kreuzschwestern.tirol>

The Three Method Correction harmonize the habit of living life in imbalance. When life moves us, it is more difficult to maintain balance. Through attitudes I no longer balance myself so easily. When we lose the fluency of the mediators, attitudes are born. Losing this balance myself so easily. When we loose fluency of the mediators, attitudes are born. Loosing this balance, we lose our support and center. In this STC, we will deepen our understanding of: The Trinity. The circulation of the Mediator and the Fatigue flow. The intermingling of Diagonal Mediator Universal Harmonizing Energy with Fatigue Flow and how it affects the entire circulation of Energy. **Harmonizing the result of this intermingling we'll focus us on:** First Method Correction and the relationship to the bust line. Heaven. Second Method Correction and the hip line, Earth. Third Method Correction and the relationship to the waist line. Human BEEing. We will look at all Text 1 and Text 2 relationships through the eyes of the 3 Methods of Correction.

Questions and Information ask the Organizers:

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Ulrike Arnold FON +43 (0)664 16602004 [ulrike.arnold@jsj.at](mailto:ulrike.arnold@jsj.at)

This Topic Class will be taught in English with German Translation

Translator: Christine Schlotzhauer

## Three Methods Correction

**Course location** Gästehaus/Seminarhaus der Kreuzschwestern Hall i.T.  
Bruckergasse 24  
6060 Hall i.T., <https://kreuzschwestern.tirol>

**Course times** Freitag, 20. März 2026 - Sonntag, 22. März 2026  
Fr - Sa 9 a.m - 6 p.m, Su 9 a.m. - 4 p.m

**Requirement** Attendance of minimum one 5-day class.

**Course leader** Chus Arias

**Course fee** € 570

**Registration** **Online registration available**

Registration:

<https://www.jsj.at/de/termine/themenkurse>

After registration you'll receive more information