Iole Lebensztajn

Iole Lebensztajn – Jin Shin Jyutsu Practitioner, Instructor, and Author

I was born in São Paulo, Brazil, and hold a medical degree from the University of São Paulo (USP) with a residency in Pediatrics.
I have been dedicated to Jin Shin Jyutsu, this powerful art of touch that harmonizes body, mind, and spirit, since 1990. As a certified instructor authorized by the Mary Burmeister Jin Shin Jyutsu Institute (USA), I have been teaching globally since 1998 through in-person and online courses and seminars. I also offer individual Jin Shin Jyutsu sessions at my office in São Paulo.
Since 2014, I have been the author and coordinator of the “Jin Shin Jyutsu Professional Practitioner Course”, developed in partnership with the Mary Burmeister Jin Shin Jyutsu Institute and the Atlantic Health System, delivered at the Morristown Medical Center in New Jersey, USA. This course bridges Jin Shin Jyutsu and healthcare, offering professionals a structured approach to applying this art in clinical settings.
I am the author of “Jin Shin Jyutsu Handbook: For a Lifetime of Learning”, released in English in 2020. This book simplifies the core concepts and practice of Jin Shin Jyutsu for students and practitioners.
For me, Jin Shin Jyutsu integrates ancient wisdom and modern insights, providing a unique pathway to self-awareness and well-being. This art empowers individuals to harmonize their energy, fostering clarity and transformation. Through regular practice, Jin Shin Jyutsu supports profound and sustainable change, helping people connect with their true selves.

Jin Shin Jyutsu

Three Day Mentoring

Hall i.T.,
https/kreuzschwestern.tirol
16.10.2026 - 18.10.2026

Contents

Elevate Your Jin Shin Jyutsu Practice with Our Exclusive Mentoring Program!

? Unlock the Full Potential of Jin Shin Jyutsu with Our Mentoring Program in Hall in Tirol – close to Innsbruck-Austria! ?

Are you ready to deepen your understanding and refine your practice of Jin Shin Jyutsu? Look no further than our exclusive Mentoring Program in Tirol!

? Class Prerequisite: Three complete 5-day Mary Burmeister Jin Shin Jyutsu Basic Seminars (at least one in-person Seminar)

Join us for an immersive 3-day experience where you'll receive personalized attention in a small group setting led by instructor Iole Lebensztajn, MD. With a maximum of 16 practitioners, you'll engage in supervised hands-on activities, dynamic group discussions, and interactive study sessions—all tailored to elevate your skills in Jin Shin Jyutsu.

Here's what sets our program apart:

1) Personalized Learning: Upon registration, you'll have the opportunity of answering and questionnaire to suggest a topic you would like to discuss. We'll use your input to shape the curriculum, ensuring that the content aligns with the needs and goals of the group.

2) Tailored Instruction: Iole will craft learning materials and activities based on the interests and preferences of the participants. Whether you're seeking to deepen your understanding of specific Jin Shin Jyutsu practice or explore advanced concepts, we've got you covered.

3) Hands-On Experience: Get ready to dive into practical hands-on applications, working closely with fellow practitioners in pairs. This interactive approach fosters a deeper understanding of the art and promotes skill refinement. Don't miss this opportunity to take your Jin Shin Jyutsu practice to new heights! Reserve your spot today and embark on a transformative journey of learning and growth.

For Questions and Information ask the Organizers:

Barbara Unterberger FON +43 (0) 664 5433037 barbara.unterberger@jsj.at

Ulrike Arnold FON +43 (0)664 16602004 ulrike.arnold@jsj.at

Three Day Mentoring

Course location	Gästehaus/Seminarhaus der Kreuzschwestern Hall i.T. Bruckergasse 24 6060 Hall i.T., https/kreuzschwestern.tirol
Course times	Friday, 16. October 2026 - Sunday, 18. October 2026 Friday - Sunday 9 a.m. - 5.30 p.m.
Requirement	Three complete 5 Day Mary Burmeister Jin Shin Jyutsu Basic Seminar (at least one in Person)
Course leader	Iole Lebensztajn
Course fee	€ 732
Registration	**Online registration available**

Registration online jsj.at Special Topic Classes

After Registration you´ll receive more informations

This 3 Day Mentoring will be thaught in English with German Translation.

Translator: Gabriele Zenker