Susa Hagen Uschi & Walter Hölbling

Jin Shin Jyutsu

Tuning us in - singing & Jin Shin Jyutsu- practicing during Advent (Copy)

Salzburg

12.12.2026 - 13.12.2026

Contents

Walter and Uschi Hölbling invite you to join them in singing and experiencing power songs and mantras. We will sing songs they have written themselves, as well as other moving power songs from various cultures; we will get to know them and work on them together.
The focus is on the joy of singing, the unifying power of music and the moving experience of coming together in harmony.

Susa will accompany us in the silent practice of “finger mudras”. In Jin Shin Jyutsu they are a very powerful self-help to recharge our “exhausted batteries”.

WALTER HÖLBLING is a journalist and singer-songwriter, as well as the leader of the two music groups FINDLING (music in the Tyrolean dialect) and EINKLANG (power songs in the Tyrolean dialect).

USCHI HÖLBLING is an occupational therapist, Jin Shin Jyutsu practitioner, self-help teacher and sound code therapist & works in her own practice in Rum/Tyrol. She is a singer with the dialect group “Findling” and “Einklang”.

SUSA HAGEN is a Jin Shin Jyutsu practitioner, teaches self-help courses / study groups and is an authorized teacher of Jin Shin Jyutsu “Spirit-Mind-Body”. Susa lives in Salzburg and has been practicing Jin Shin Jyutsu for over 30 years.

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Course location	Susa Hagen Georg-Nikolaus-von-Nissenstraße 7 5020 Salzburg
Course times	Samstag, 12. Dezember 2026 - Sonntag, 13. Dezember 2026 Samstag, 12.12.2026: 10 - 13 Uhr & 15 - 18 Uhr (Kaffee-/Teepause, mittags Gemüsesuppe) Sonntag, 13.12.2026: 9.30 - 14 Uhr (Kaffee-/Teepause) Wer mag und kann: Bitte Kekse & Kuchen mitbringen. Bitte bequeme Kleidung, Socken und eine Wasserflasche mitbringen. Total class hours: 10
Requirement	No previous knowledge is required for this course.
Course leader	Susa Hagen Uschi & Walter Hölbling
Course fee	€ 220
Registration	**Online registration available** Registration becomes valid upon payment of the course fee; in case of cancellation up to one week before the start of the course, we retain 50% of the fee; if a replacement participant is named, the fee is waived. Please transfer the course fee of € 220 to the account of Uschi Hölbling, Hypo Tirol IBAN: AT53 5700 0200 1105 1147