

Doris Grellmann & Uschi Hölbling



Jin Shin Jyutsu

Club day 2026

Enns

03.10.2026 - 03.10.2026

Contents

“Being in Harmony – Jin Shin Jyutsu & the World of Sounds”

Music creates the world, and we are all unique beings of sound and light. On this club day, we will embark on a journey of discovery into the fascinating connection between sound, light and Jin Shin Jyutsu. Through meditation, sound and mindful listening, we allow ourselves to be touched both within and without. In doing so, we experience the special power of flow through resonance and perception as a gateway to inner harmony and, through that, to our true selves.

We look forward to an inspiring day full of sound, connection and new experiences.

Doris Grellmann & Uschi Hölbling

On behalf of the Executive Committee: Monika, Barbara, Michael & Uschi

Club day 2026

Course location	Pfarre St. Laurenz Lauriacumstr. 4 4470 Enns
Course times	Samstag, 03. Oktober 2026 Arrival: from 9.30 am 10 am–4 pm
Requirement	None.
Course leader	Doris Grellmann & Uschi Hölbling
Course fee	free of charge
Registration	Online registration available



Parking:

free parking spaces opposite the church

Refreshments:

Cake & coffee/tea, fruit

Lunch served on site (a choice of soups or similar, salads and bread)

Accommodation:

Antonia Horvatis

Private rooms

Bahnhofstraße 16

4470 Enns

Tel. 07223 85317

7 mins' walk – very good reviews

Hotel Brunner Goldenes Schiff

Hauptplatz 23

4470 Enns

Tel.: 07223 86086

5 mins by car / 15 mins on foot