Matthias Roth

Biography of Matthias:

“Through my teacher Aileen Passloff, I learned about Jin Shin Jyutsu from the outset as a path to greater awareness. She simply incorporated exercises from Mary Burmeister's self-help book I into the warm-up phases of our rehearsal work. I soon discovered the physical and practical effects of the art, but even then I suspected that the root of its effectiveness was simplicity itself.” (Matthias Roth)

- First five-day course with Mary Burmeister at the age of 22, after two years of daily Jin Shin Jyutsu self-help
- Moved to Paris in the same year
- First flow experiences as a practitioner
- Birth of two daughters
- Translation of Mary Burmeister's books into French and German
- First self-help courses
- Years of organizing and interpreting Jin Shin Jyutsu courses
- Teaching experience in various countries and languages
- from 1995 five-day course teacher at JSJ, Inc.
- after stations in Hamburg and Chicago permanently in Hamburg since 2003
- since September 2014 working in his Hamburg studio “Wege, Lauf und Bahn”
- no longer on the teaching staff of JSJ, Inc. since 2016
- since October of the same year, online courses in addition to a variety of face-to-face courses
- since 2017 publication of own workbooks

Jin Shin Jyutsu

Enns, OÖ

14.04.2027 - 18.04.2027

Contents

Course location	Pfarrsaal Enns St. Laurenz Lauriacumstraße 4 4470 Enns, OÖ
Course times	Wednesday, 14. April 2027 - Sunday, 18. April 2027
Course leader	Matthias Roth
Course fee	Not specified yet