Mona Harris



Mona grew up on Lake Chiemsee in Upper Bavaria; after graduating from high school, she moved far away to live for two years in the “Ark of Jean Vanier” in the south of France and to live and work with mentally impaired people.
During her subsequent studies of special education in Munich, Mona got to know and love Jin Shin Jyutsu in 1992. After completing her studies, Mona worked for 9 years at a special needs center in Upper Bavaria, where she was also able to integrate her first self-help courses.
She met Mary Burmeister for the first time in 1997 and regularly attended sessions with her in Arizona in the years that followed. This was followed in 2000 by organizing courses at Lake Chiemsee, working as a translator of courses in English and French, and in 2004 Mona finally became a member of the Jin Shin Jyutsu faculty, which now continues under the name “Jin Shin Jyutsu Spirit-Mind-Body”. Mona started by teaching Living The Art courses and in 2011, themed and 5-day courses followed.
Her teaching is clear and structured, and her experience as an educator is evident in the helpful overviews and special card and poster teaching material and witty, creative “stories” as reminders.

Jin Shin Jyutsu

Wien

28.10.2027 - 01.11.2027

Contents

Course location	Johannes-Krawarik-Gasse 1 1160 Wien
Course times	Donnerstag, 28. Oktober 2027 - Montag, 01. November 2027 Total class hours: First part 21 / Second part 14
Requirement	Taking Self Help Classes is recommended.
Course leader	Mona Harris
Course fee	Not specified yet